

Honoring Diversity. Creating Safe Spaces: Resources Against Racism and Systematic Injustice

"Not everything that is faced can be changed, but nothing can be changed until it is faced"
James Baldwin

Anti-Racism Resources



Take Care of Yourself

- Limit media intake for self care
- Set boundaries
- Celebrate Black art and Black joy
- Be Brave. Seek Help if you need it.
 - “The Safe Place” Phone App for the Black Community
 - Melaninandmentalhealth.com - Podcasts Articles and Therapist Search
 - Therapyforblackgirls.com - therapy for Black Womyn
 - Nqttcn.com - Network of Therapists for Queer and Trans POC
 - beam.community/bvtn - Black Virtual Therapist Network
 - The Safe Space App
 - Liberate Meditation App
 - Ayana App
 - Text “NOSTIGMA”: to 707070 for free therapy for communities of color provided by the blhenson foundation (led by actress Taraji P. Henson)

Educate your Children:

- Teach children about racism and how to support anti-racism. Just a friendly reminder that black children learn racism at very young ages, it is never too early to teach your child about the world we live in.
- How to talk to your kids about the protests:
<https://homeschoolinginnyc.org/2020/06/02/how-to-talk-to-your-kids-about-the-protests/>
- Materials for teaching children about social justice including books, teaching resources and parent organizing. They have amazing book lists for various topics definitely worth checking out! <https://www.teachingforchange.org/>

Books:

- A Kids Book About Racism by: Jelani Memory
- Don't Touch my Hair! By: Sharee Miller
- Sulwe by: Lupita Nyong'o
- I am Mixed by: Garcelle Beauvais and Sebastian A. Jones
- Chocolate Me! By: Taye Diggs
- Mixed Me! By: Taye Diggs
- The Hate U Give by Angie Thomas
- The 57 Bus by: Dashka Slater

Also a reminder that COVID-19 is still a public health crisis. Before bringing a child to a protest, if you haven't already, please make sure they understand the necessary precautions to protect themselves from the virus. This free online children's book describes it as an unwelcome stranger and is written in 8 languages.

<https://www.pangeaeducation.org/the-unwelcome-stranger>

Articles/Websites

- <https://www.rachelricketts.com/antiracism-resources> Ant-Racism Resources for people of various identities
- <https://www.ohchr.org/EN/NewsEvents/Pages/DisplayNews.aspx?NewsID=25933&LangID=E> United Nations Human Rights Statement
- From Christian Cooper to George Floyd: A Letter To White Parents
- Ibram X. Kendi's Interview with Democracy Now
- Ibram X. Kendi's- Anti Racist reading list
- Support On-the-Ground Activists: Read the Statement from the American Friends Service Committee
- Help When It's Not an Emergency (Fighting for equal access to housing, food, medical care and education)
- This article is especially for the white allies in our community, <https://medium.com/@drtaharee/im-white-and-i-m-outraged-by-ahmaud-arbery-s-murder-now-what-247dba493bca>
- Talking to Children After Racial Incidents, featuring author Howard Stevenson, an expert on racial stress and trauma.

- Talking to kids about race, from National Geographic, includes advice for very young children.
 - Beyond the Golden Rule: A Parent's Guide to Preventing and Responding to Prejudice, a toolkit from Teaching Tolerance that spans ages 2-17.
 - Your Age-by-Age Guide to Talking About Race, from 6 months to age 8, from Parents Magazine.
 - Race Talk: Engaging Young People in Conversations about Race and Racism, from the Anti-Defamation League.
 - How to Talk About Kids and Race from Brightly, by author and mother Olugbemisola Rhuday-Perkovich, full of studies, citations, and resources
 - Even Babies Discriminate: A Nurture Shock Excerpt by Po Bronson and Ashley Merryman
 - Study about racial bias in babies from the University of Toronto.
 - Stages of Racial Identity Development by Louise Derman-Sparks, anti-bias educator.
 - Racial Identity Development During Childhood, a study by the University of Pennsylvania.
 - What White Children Need to Know About Race, by Ali Michael and Eleanora Bartoli of NAIS (The National Association of Independent Schools), is about the particular need for white parents to talk to their children about race.
 - We Need More White Parents to Talk to Their Kids About Race. Especially Now by Chandra White-Cummings.
 - Teaching Young Children About Race, by Louise Derman-Sparks and Julie Olsen Edwards, is about creating a rich anti-bias environment for children.
 - From NPR's Life Kit podcast, Talking Race With Young Children also has a wealth of resources and advice on its episode page.
 - Affirming Black Lives without Inducing Trauma
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- The Person You Mean to Be: How Good People Fight Bias by Dolly Chugh
 - The Enduring Solidarity of Whiteness by Ta-Nehisi Coates
 - Racial Microaggressions in Everyday Life
 - The Intersectionality Wars
 - What is Intersectionality and What Does It Have to Do with Me?
 - We Need Co-conspirators Not Allies: How White Americans Can Fight Racism
 - The 1619 Project
 - Bear Witness, Record, De-escalate; How race may affect what bystanders are called to do in cases like George Floyd's

Books

- Me and White Supremacy: Combat Racism, change the world, and become a good ancestor by Layla F. Saad
- Between the World and Me by Ta-Nehisi Coates
- Tears We Cannot Stop by Michael Eric Dyson

- *White Fragility: Why It's So Hard for White People to Talk about Racism* by Robin DiAngelo
- *Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do* by Jennifer Eberhardt
- *Blind Spot* by Mahzarin Banaji and Anthony Greenwald
- *The Color of Law: A Forgotten History of How Our Government Segregated America* by Richard Rothstein
- *Slavery By Another Name* by Douglass A. Blackmon
- *The New Jim Crow* by Michelle Alexander
- *Whistling Vivaldi: How Stereotypes affect us and what we can do* by Claude Steele
- *Just Mercy* by Brian Stevenson
- *Why I No Longer Talk to White People about Race* by: Reni Eddo-Lodge
- *Stamped from the Beginning* by Ibram X. Kendi
- *How to be Anti Racist* by Ibram X. Kendi

Podcasts

- Pod Save the People hosted by DeRay Mckesson
- Code Switch
- The Nod
- The Stoop
- Identity Politics
- 1619 Audio Series
- On One with Angela Rye

Films & Videos

- *13th* directed by Ava DuVernay
- *5 Tips For Being An Ally* by Franchesca Ramsey
- *What Matters* produced by Black Lives Matter
- *Just Mercy*
- *King in the Wilderness*
- *The Urgency of Intersectionality* by Kimberlé Crenshaw
- *When They See Us* (Netflix)
- *Fruitvale Station*
- *The Hate U Give*
- *The Black Power Mixtape* (Amazon)
- *I am Not Your Negro* (Amazon)

- Let The Fire Burn (Amazon)
- Crime + Punishment (Hulu)
- The Death and Life of Marsha P. Johnson (Netflix)
- Ferguson: A Report from occupied territory
- Seven Seconds (Netflix)

Petitions

Note: When signing petitions do not donate through change.org!!!

David Mcattee

****Added 6/1****

Police/National Guard murdered David Mcattee in Louisville around 12 am as they shot blindly into a crowd outside Mcatees business. Governor Beshear is allowing LMPD to independently investigate themselves. This cannot stand.

1. Contact Governor Beshear and Mayor Fischer and demand accountability.
 - a. Governor's office (502) 564-2611
 - b. If you have a Kentucky address submit an email [here](#).
 - c. Mayor Greg Fischer -Call (502) 574-2003 or Email [here](#)
 - d. Contact County Attorney- Call (502) 574-6336
2. Demands from Kentucky US Senate nominee Charles Booker
 - . Immediate release of all body camera
 1. Appoint citizen review panel with subpoena power to investigate
 2. Louisville Mayor must immediately appoint interim police chief
 3. Mayor must immediately fire the officers involved responsible for Breonna Taylor Murder

Tony McDade

****Added 5/29****

1. Sign the petition [here](#) to contact elected officials and demand:
 1. Remove Police Chief Lawrence Revell
 2. Open an unbiased investigation into Tony's murder
 3. Arrest all the police officers involved
 4. Release all body camera footage
 5. Demand the TPD Citizens Advisory Committee be dissolved and replaced with a freely elected Citizens Police Accountability Council
 6. Demand response from the Mayor, City Commission, and the Mayor's "LGBTQ Advisory Board"
2. Contact Mayor John E. Dailey and demand response and acknowledgment of Tony's murder and establishment of Citizens Police Accountability Council
 - . 850-891-2000 or mayor@talgov.com

Ahmaud Arbery

1. Demand the immediate resignation of District Attorneys Jackie Johnson and George Barnhill. Sign the petitions [here](#) and [here](#).
2. Complete repeal of *Georgia's Citizens Arrest Statue* (OCGA 17-4-60). Contact your representative and demand it.
3. Establishment of Hate Crime Bill in Georgia. [HB 426](#) must be passed. Contact your representatives and demand it.
4. Contact:
 - a. Glynn County District Attorney 912-554-7200
 - b. Find your representatives www.senate.ga.gov and www.house.ga.gov

Breonna Taylor

1. Sign the petition [here](#) demanding:
 1. Firing of LMPD Officers involved
 2. Charges dismissed against Breonna's boyfriend (They are in the process of being dismissed).
2. Support the demands of [Louisville Branch of NAACP](#)
 1. Kentucky Attorney General intervene and appoint an independent prosecutor to investigate LMPD (Special investigator appointed as of 5/28, but transparency still required)
 2. File charges against everyone involved in Breonna's Murder
 3. Policy change as it pertains to police raids, body cameras, and internal investigations
3. **Contact:**
 1. Mayor Greg Fischer -Call (502) 574-2003 or Email [here](#)
 1. Contact County Attorney- Call (502) 574-6336
 2. Contact the Police chief [here](#) (Chief Steve Conrad has resigned as of 5/28)

George Floyd

- Sign the petition [here](#) demanding:
 1. Minneapolis Mayor block the pensions of the fired officers and ban them from ever becoming police officers again.
 2. District Attorney Freeman charge all four officers with murder immediately.

Derek Chauvin has been placed under arrest and charged with 3rd-degree murder as of 5/29
- Demand the immediate release of the names of all officers who murdered George Floyd. (Identified as of 5/28: Derek Chauvin, Thomas Lane, Tou Thao, and J. Alexander Kueng)
- **Contact:**

1. Police Chief Medaria Arradondo- Call 612-673-2735 or Email policepio@minneapolismn.gov, Minneapolis311@minneapolismn.gov, info@mpdfederation.com
2. Mayor Jacob Frey at jacob.frey@minneapolismn.gov or (612) 673-2100
3. Call Hennepin County Attorney Mike Freeman, Minnesota Governor Tim Walz, and Minnesota Attorney General Keith Ellison today and urge them to appoint an independent prosecutor to work under the Attorney General's authority.

Sean Reed

1. Sign the petition here demanding all officers involved be charged with murder
2. Contact Marion Cty Prosecutor Ryan Mears (317)327-3522 and demand accountability and charges be brought forth.
3. Contact Indianapolis Mayor Joe Hogsett 312-3601 or <https://www.indy.gov/workflow/write-to-the-mayor>
4. Indiana Governor Eric Holcomb 317-232-4567 or <https://www.in.gov/gov/2752.htm>

Sample Email

Fill with appropriate names and contacts. Can also be used as a script for calling.

Dear District Attorney Freeman,

I am contacting you today to demand justice for George Floyd who was brutally murdered by those who swore to protect him. As a concerned citizen, I demand the immediate charge of Derek Chauvin, Tuo Thao, and all other officers involved in this grisly killing. Their inaction proved to be as deadly as Chauvin's actions.

When you took office you swore to protect all victims of crimes in Minneapolis. George Floyd is the victim of a most heinous crime. His life was cut short as he was denied every liberty bestowed upon him as an American citizen. Due process, the right to seek justice, and the right to live, all stolen from him by a public servant.

Now, as you face the crossroads of this important decision, I trust you will make the right choice and bring charges against those officers who wrongfully and willfully murdered George Floyd on that fateful day. George Floyd deserves justice and you can deliver it. You must deliver it.

Regards,

Your name

Scripts for calls available [here](#) and [here](#)

Added 6/1 !! Urgent Click here to Demand the immediate release of 114 protestors and remove Ice hold on Maxima in Arizona!!

DONATE

“Do not donate to any fundraisers hosted by Shaun King - he has an extensive history of collecting funds for pro-Black movements which have disappeared”

Do not include any notes in donation descriptions mentioning Black Lives Matter. There are reports of payments being returned.

Bail Funds

Doc with full list of bail funds and legal aid [here](#).

- [Atlanta](#)
- [Baltimore](#)
- [Bay area](#)
- [Brooklyn](#)
- [Charlotte Cash App: \\$WereStillHere or Venmo: ResistanceisBeautiful](#)
- [Chicago](#)
- [Colorado](#)
- [Columbus, OH](#)
- [Dallas](#)
- [Houston & Houston](#)
- [Louisville](#)
- [May/June MN Bail Fund and Support List](#) ***detailed list of ways to donate in Minnesota***
- [Massachusetts](#)
- [Miami](#)
- [NYC](#)
- [Oakland](#)
- [Richmond, VA](#)
- [San Jose](#)
- [South Carolina](#)
- [Minnesota Bail Fund for Protestors](#) ****Update***MMF has been flooded with donations and is instructing to donate to other orgs as of 5/29**

Funds to support Protestors

- [NorthStar Health Fund for Protestors](#)
- [On the Ground Chi](#)
- [Protestors in need](#)

Funds for Victims of Police Brutality

- [George Floyd Memorial Fund](#)
- [Justice for Mychael Johnson](#)
- [Justice for Jamee](#)

- [Destany Harris Memorial](#)
- [Justice for Eric Rosallia](#)
- [Justice for Dion Johnson](#)
- [Fund for Tony McDade](#)
- [Fund for Darnella Frazier who filmed George Floyd's murder](#)
- [Fund for James Scurlock](#)

Organizations to Support

Organization	Location
<u>Street Groomers</u>	Atlanta
<u>Racial Justice Network</u>	Minnesota
<u>The Movement for Black Lives</u>	National
<u>Reclaim the Block</u>	Minnesota
<u>Black Visions Collective</u> <u>additional list from Black Visions</u>	Minnesota
<u>Communities United for Police Reform</u>	New York
<u>BYP 100</u>	National
<u>Covid-19 Bailout NYC</u>	NYC
<u>F2L Fund</u>	NYC
<u>G.L.I.T.S</u>	NYC
<u>Restoring Justice</u>	Houston
<u>Solutions not Punishments Coalition</u>	Atlanta
<u>Detroit Justice System</u>	Detroit
<u>National Police Accountability Project</u>	National
<u>Black People's Justice Fund</u>	Phoenix

Resources for Protestors

- Protocols for minimizing risk of Covid while demonstrating

- Digital safety while protesting (Twitter thread)

Legal Aid

- National Lawyers Guild Legal Support Hotlines by Location
- **San Antonio:** Ricardo Briones 210-227-1515
- **Minnesota:** Legal Rights Center 612-444-2654
- **Atlanta:** J. Shipp Law jshipp@jshipplaw.com or (404) 507-6773
- **Richmond** Community Bail Fund 804-291-8520 (inside jail) 804-601-4944 (Outside Jail)
- **San Antonio:** Ted Wenske 210-858-7997
- **Houston:** Restoring Justice (844) 737-3363 restoringjustice.org

Jail Support

<i>City</i>	<i>Phone Number</i>
Atlanta	404-689-1519
Charlotte	980-224-2097
DC	202-888-1731
Kansas City	816-986-0493
LA	310-313-3700
Louisville	502-705-0081
Miami	786-676-8806
Minneapolis	621-444-2654
NYC	216-679-6018
Philadelphia	484-758-0388
Richmond VA	804-291-8520

Ways to Support Outside of Donating

- Educate Yourself/ Be an active ally
- Allies, show up and make your voice heard: If you are a white ally, you can march with Black protesters or form a line to defend them
- Talk to Your Community: Do not remain silent. Be heard so that others know you do not condone injustice
- Leverage your own networks to help educate others about the injustice that has occurred

- Direct other people to the resources you find and are supporting, including voices who are educating you about the issues
 - Check on your friends and colleagues, particularly those who are Black
 - Consider watching the video of George Floyd (trigger warning: it will make you extremely uncomfortable) or read How do you kneel on a neck for nine minutes? If you choose not to, ask yourself why you're choosing not to, and examine what you can learn from that introspection *In moments of public outcries and uprisings*
 - Call Lawmakers and Vote
 - Twitter Thread with links and instructions
 - 26 Ways to be in the struggle beyond the streets
 - We can't all be on the frontline (Instagram thread)
 - Educate yourself about the laws and policies that will negatively impact Black communities and advocate against them
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More Actions to support

- #WeAreDoneDying Campaign
 - Help maintain free and fair elections in Georgia
 - She Safe, We Safe Campaign
 - Free From Fear Campaign
 - Movement for Black Lives 5 Year Plan
 - Pledge to Vote
 - Campaign Zero Solutions Overview
 - Help elect more progressive elected officials with the Working Families Party
 - Help Beat Mitch McConnell and Elect Charles Booker
 - Help Ferguson prisoner Joshua Williams by sending parole letters
 - End Money Bail in Miami
 - Close the jail ATL
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Useful Resources and Organizations

- A Just Georgia
- NAACP
- NAACP Georgia
- NAACP Louisville
- Color of Change
- ACLU
- Southern Center for Human Rights
- Working Families Party
- Racial Justice Network
- Black Lives Matter
- Black Lives Matter Minnesota
- Reclaim the Block
- Street Groomers
- Tallahassee Community Action Committee
- Alliance for Black Lives

- Free Them All for Public Health
- Texas Civil Rights Project
- Southerners on New Ground
- Richmond for All
- Black Lives Matter DMV